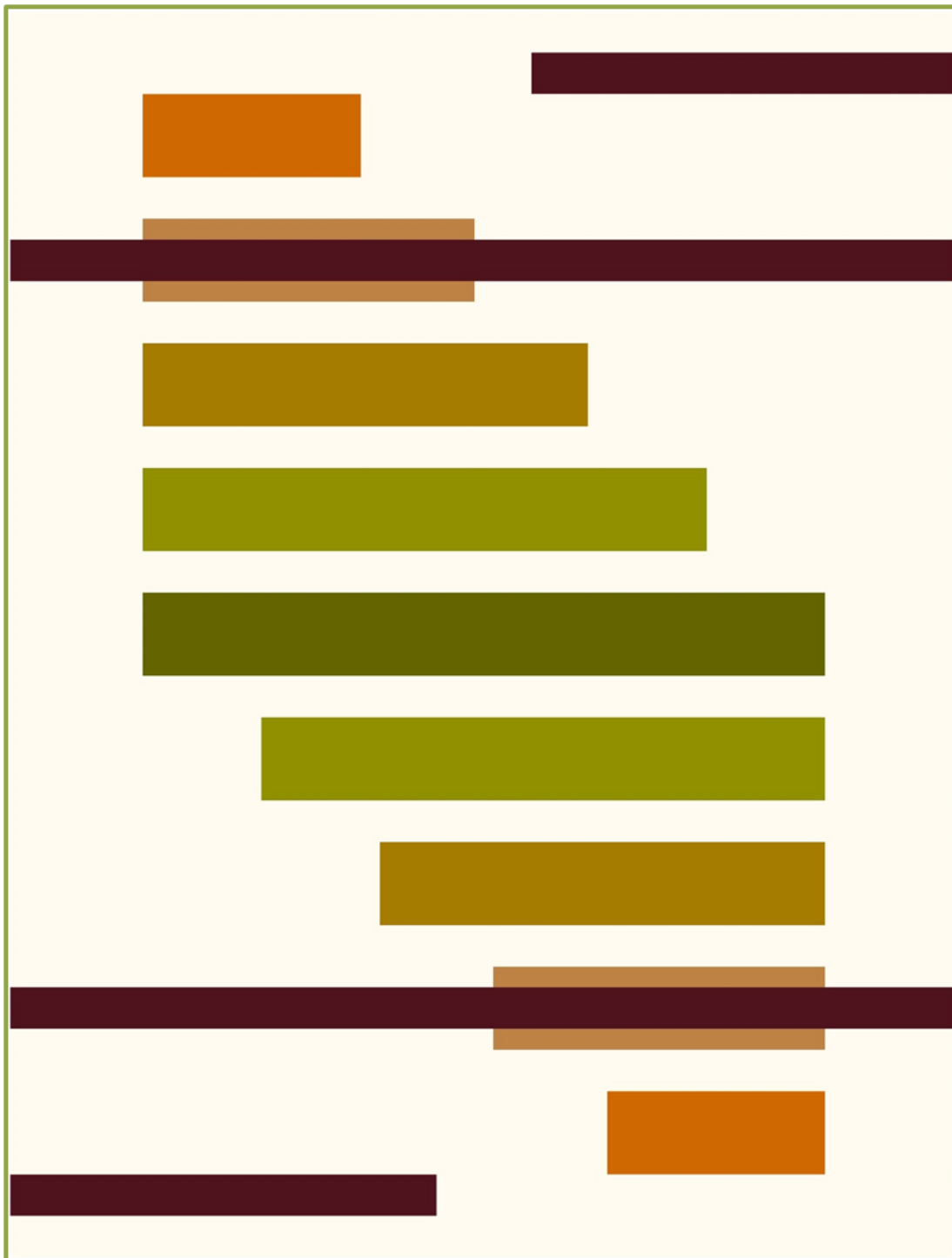


RISE AND SHINE

BY CHRISTINE ATAMANCHUK

57" x 75"

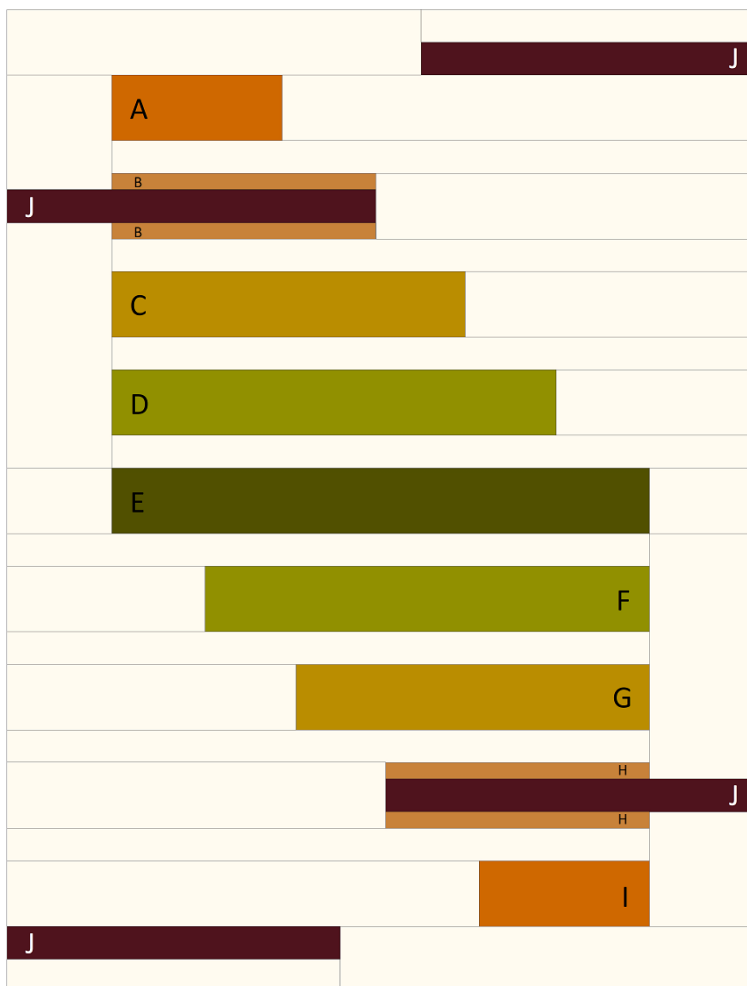


RISE AND SHINE

57" X 75"

FABRIC REQUIRMENTS

Fabric Colour/Name	Yardage
Colour A	1/4 yds (or 1 FQ)
Colour B	1/8 yds (or 1 FQ)
Colour C	1/4 yds
Colour D	1/4 yds
Colour E	1/4 yds
Colour F	1/4 yds
Colour G	1/4 yds
Colour H	1/8 yds (or 1 FQ)
Colour I	1/4 yds (or 1 FQ)
Colour J	1/2 yds
Background Fabric	3 yds
Binding	5/8 yds
Backing	3 3/4 yds (65" x 83")
Batting	65" x 83"
Option: Colour A – I (All One Fabric)	1 1/2 yds



BY CHRISTINE ATAMANCHUK

RISE AND SHINE

BY CHRISTINE ATAMANCHUK

GETTING STARTED

Read through the entire pattern before beginning

All width of fabric (WOF) is assumed to be 42" and all seams are 1/4"

Feel free to use the colouring diagram on page 8

Share your piecing progress and completed quilt tops on Instagram using the hashtags

#Riseandshinequilt and #RiseandshinebyQBC also tag me @QuiltingbyChristine so I can see your quilt top!

CUTTING

From Fabric A and I, cut:

- (1) 5 1/2" x WOF
Subcut (1) - 13 1/2" x 5 1/2"

From Fabric B and H, cut:

- (1) 1 3/4" x WOF
Subcut (2) - 20 1/2" x 1 3/4"

From Fabric C and G, cut:

- (1) 5 1/2" x WOF
Subcut (1) - 27 1/2" x 5 1/2"

From Fabric D and F, cut:

- (1) 5 1/2" x WOF
Subcut (1) - 34 1/2" x 5 1/2"

From Fabric E, cut:

- (1) 5 1/2" x WOF
Subcut (1) - 41 1/2" x 5 1/2"

From Fabric J, cut:

- (5) 3" x WOF
Subcut (2) - 26" x 3"
(2) - 20 1/2" x 3"
(2) - 8 1/2" x 3"
(2) - 29 1/2" x 3"

From Background Fabric, cut:

- (6) 5 1/2" x WOF
Subcut (2) - 36 1/2" x 5 1/2"
(2) - 22 1/2" x 5 1/2"
(2) - 15 1/2" x 5 1/2"
(2) - 32" x 5 1/2"
(2) - 8 1/2" x 5 1/2"
- (12) 3" x WOF
Subcut (2) - 3" x 26"

(Place the remaining 10 strips aside)
- (2) 8 1/2" x WOF
Subcut (2) - 9 1/4" x 8 1/2"
(2) - 19 1/4" x 8 1/2"
- (4) 1 3/4" x WOF
Subcut (4) - 29 1/2" x 1 3/4"

From Binding Fabric, cut:

- (8) 2 1/2" x WOF

PIECING

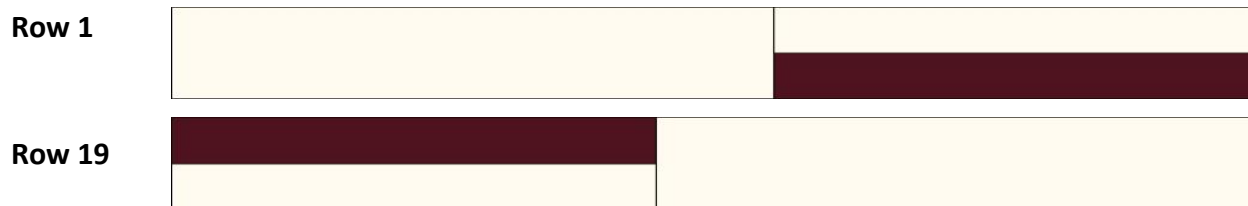
For ease of assembly this quilt is broken down into rows. Along with piecing instructions, each row will have a layout image to follow. Make sure to piece and orientate each row according to these images.

Rows 3, 5, 7, 9, 11, 13, 15 & 17

1. Sew your remaining (10) 3" x WOF Background pieces together to create one long strip.
2. From this strip subcut (8) 49 $\frac{3}{4}$ " x 3" strips.
3. Place these strips to the side, these are now rows 3, 5, 7, 9, 11, 13, 15 & 17.

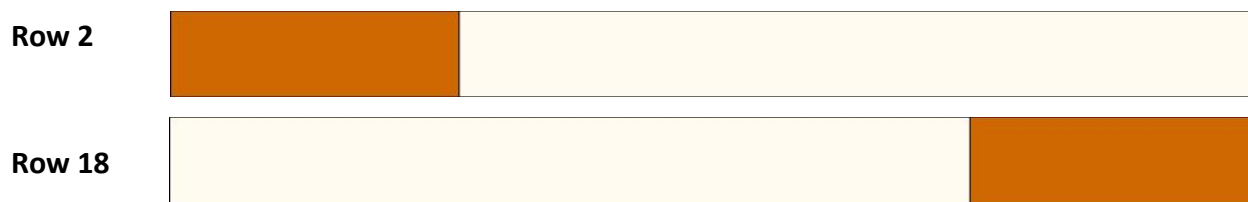
Row 1 & 19

1. Sew a 26" x 3" Fabric J piece and a 26" x 3" background piece together. Repeat.
2. Sew a 32" x 5 $\frac{1}{2}$ " background piece to both your units from step one. Reference the images below:



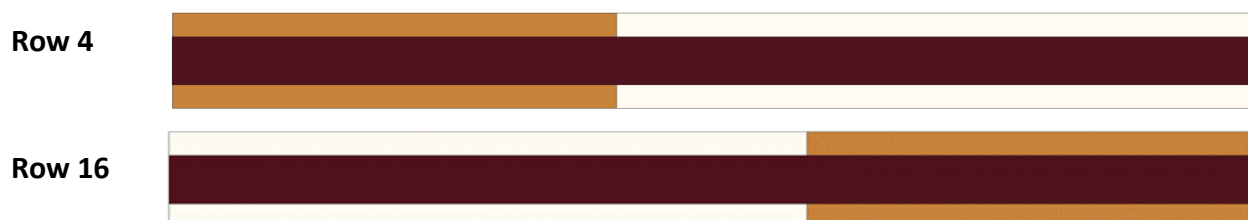
Row 2 & 18

1. Sew a 13 $\frac{1}{2}$ " x 5 $\frac{1}{2}$ " Fabric A piece to a 36 $\frac{1}{2}$ " x 5 $\frac{1}{2}$ " Background piece to create Row 2. Repeat this with Fabric I to create Row 18. Reference images below:



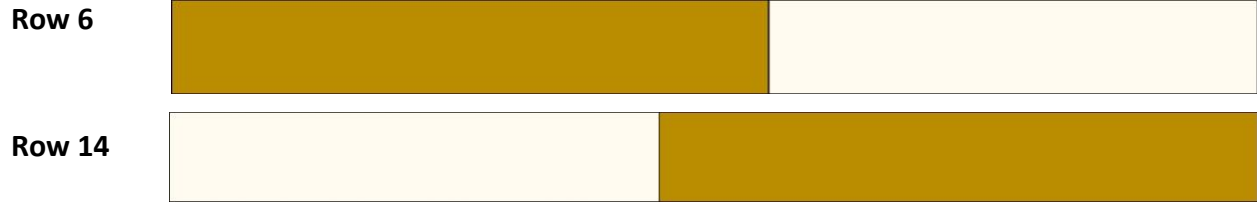
Row 4 & 16

1. Sew a 3" x 20 $\frac{1}{2}$ " Fabric J piece between two 1 $\frac{3}{4}$ " x 20 $\frac{1}{2}$ " Fabric B pieces to create part of Row 4. Repeat with Fabric H to create part of Row 16.
2. Sew a 3" x 29 $\frac{1}{2}$ " Fabric J piece between two 1 $\frac{3}{4}$ " x 29 $\frac{1}{2}$ " Background pieces. Repeat.
3. Sew blocks from step 1 and step 2 together. Reference the images below:



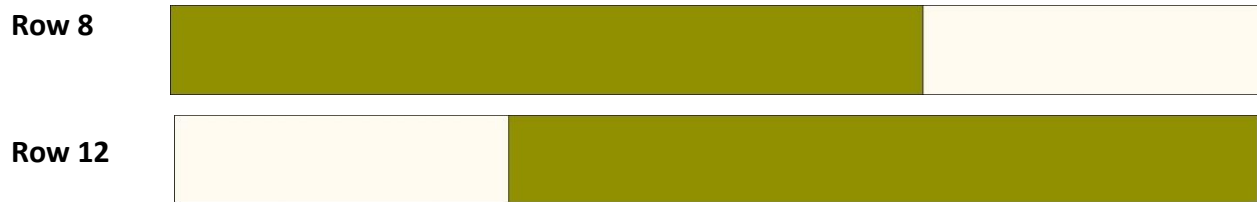
Row 6 & 14

1. Sew a 27 ½" x 5 ½" Fabric C piece to a 22 ½" x 5 ½" Background piece to create Row 6. Repeat with Fabric G to create Row 14. Reference the images below:



Row 8 & 12

1. Sew a 34 ½" x 5 ½" Fabric D to a 15 ½" x 5 ½" Background piece to create Row 8. Repeat with Fabric F to create Row 12. Reference the images below:



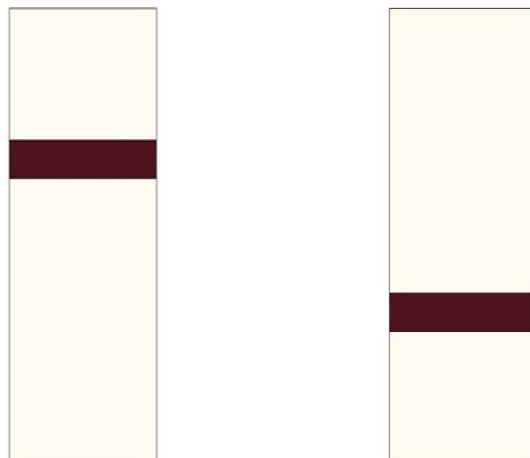
Row 10

1. Sew a 41 ½" x 5 ½" Fabric E piece between two 8 ½" x 5 ½" Background pieces to create Row 10. Reference the image below:



Side Blocks

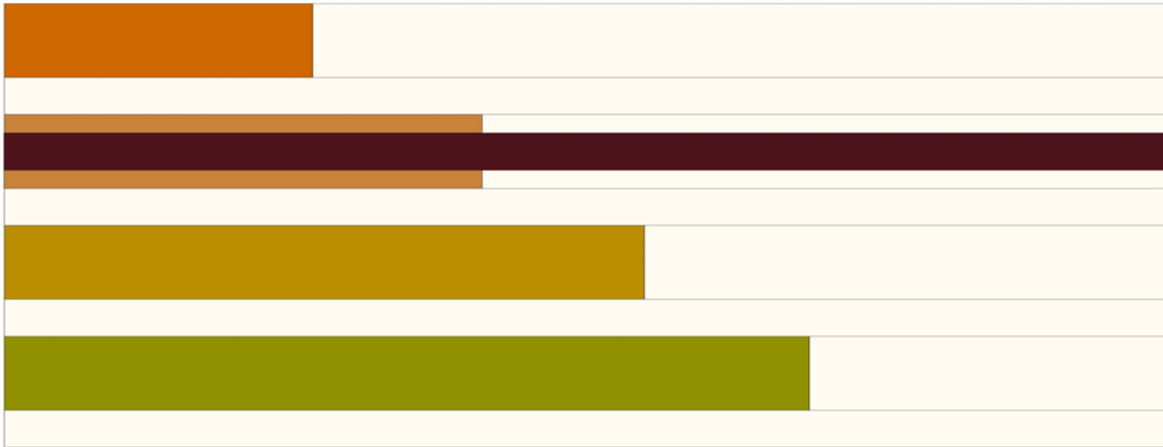
1. Sew a 8 ½" x 3" Fabric J piece between a 8 ½" x 9 ¼" Background piece and a 8 ½" x 19 ¼" Background piece. Repeat to create two side blocks. Reference the images below:



ROW ASSEMBLY

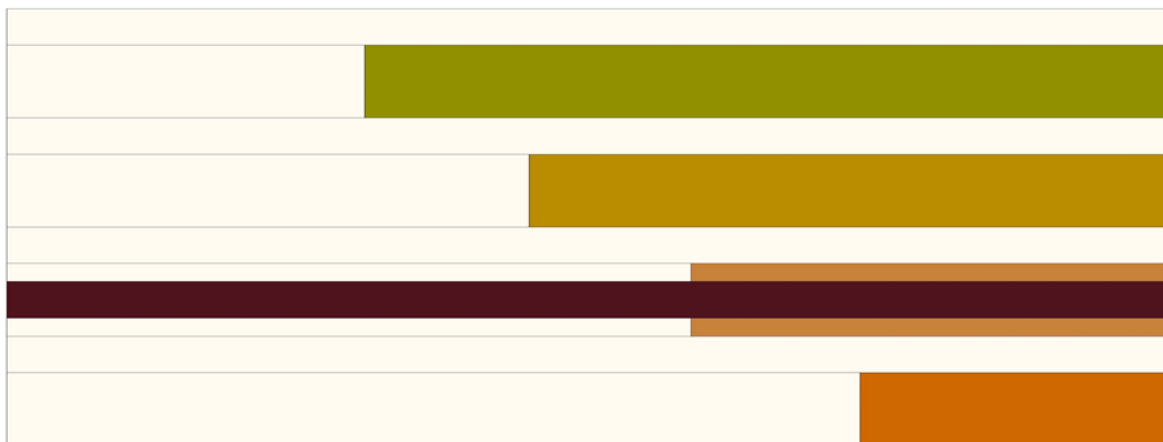
Section A

1. Sew rows 2, 3, 4, 5, 6, 7, 8, and 9 together to create the image below.



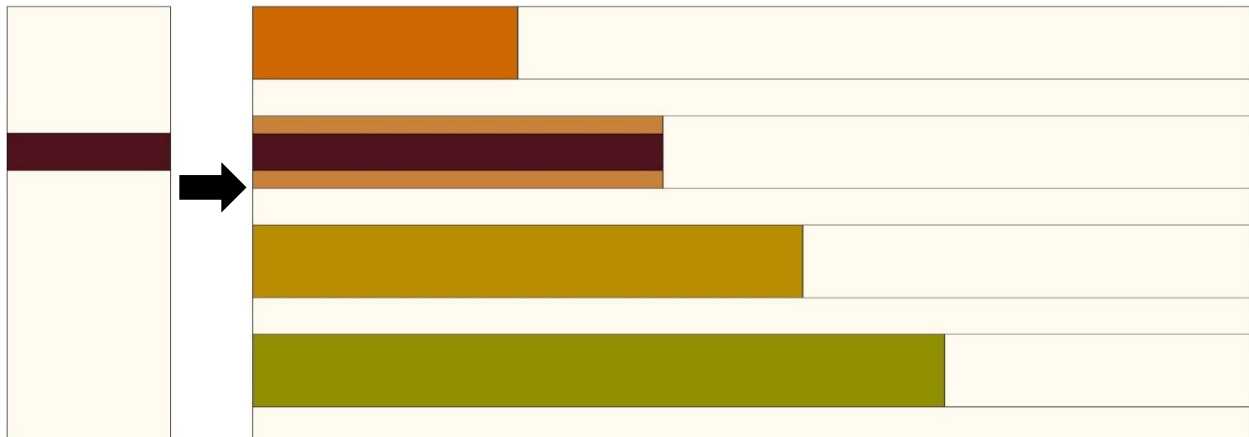
Section B

1. Sew rows 11, 12, 13, 14, 15, 16, 17 and 18 together to create the image below.



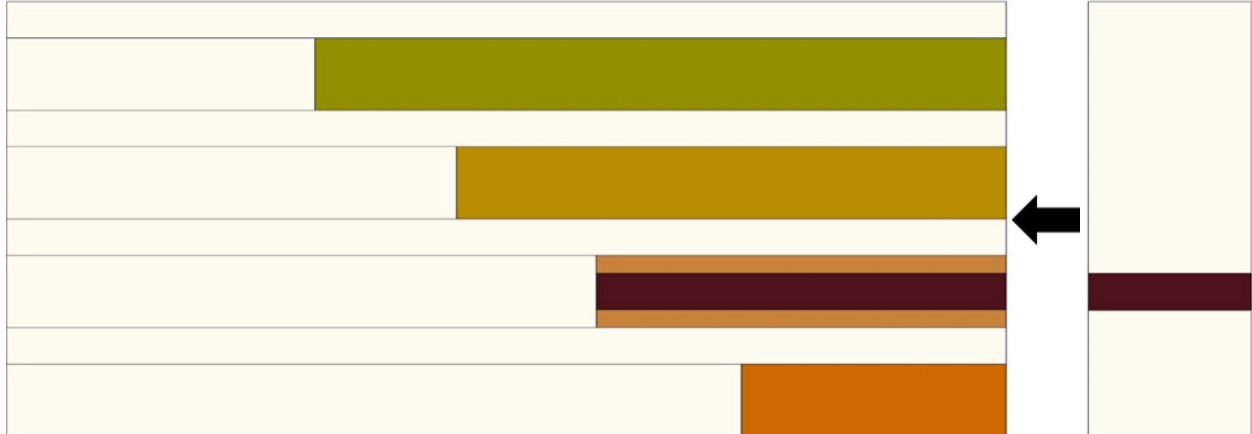
Section C

1. Sew a Side Block to the left of Section A. Reference the image below:



Section D

1. Sew a Side Block to the right of Section B. Reference the image below:



FINAL ASSEMBLY

Arrange Row 1, Section C, Row 10, Section D and Row 19 as shown in the Final Assembly Diagram on page 7.

Quilt as desired on a domestic or longarm sewing machine.

From your binding fabric cut (8) 2 ½" strips and sew them into a continuous strip using mitered seams. Iron this strip in half lengthwise and bind your quilt!

Please tag me in your quilt photos on Instagram and use below hashtags so I can see your wonderful quilt tops!



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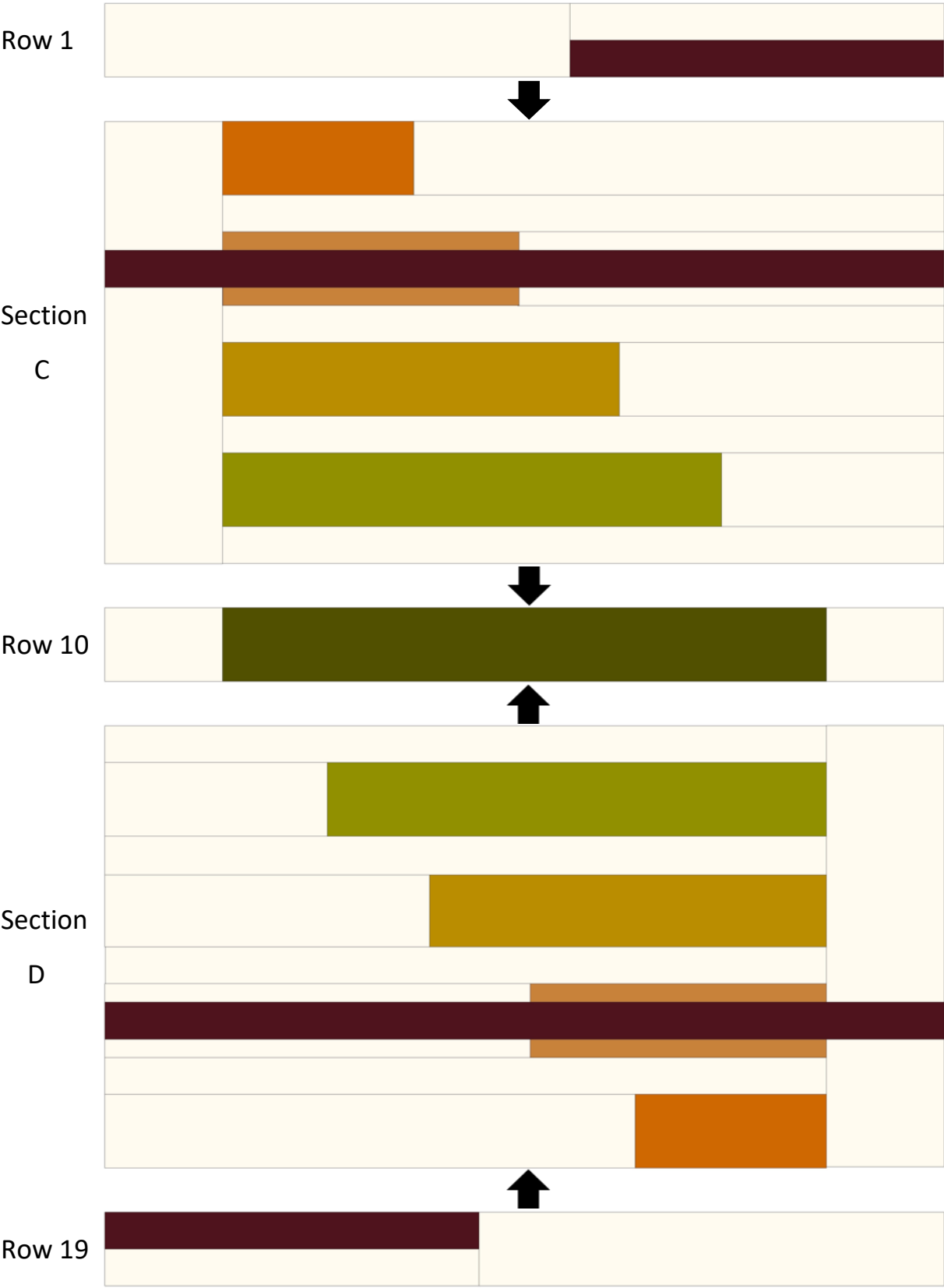
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FINAL ASSEMBLY DIAGRAM



COLOURING PAGE

